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featuring

ADRIENNE FITZPATRICK

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INSTRUCTIONS FOR A FLOOD

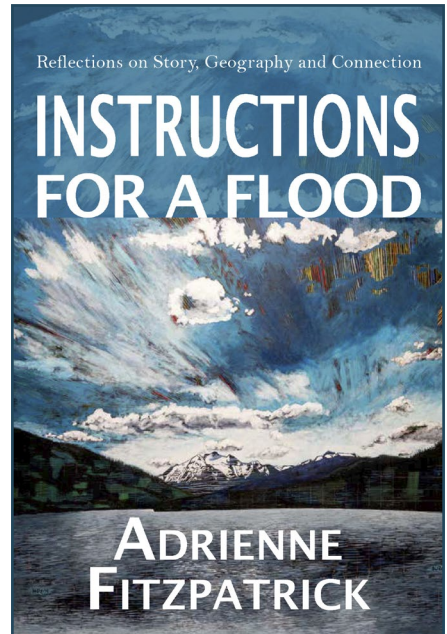
REFLECTIONS ON STORY, GEOGRAPHY AND CONNECTION

BY ADRIENNE FITZPATRICK

A POETIC CHRONICLE OF HISTORY, BOTH PERSONAL AND GEOGRAPHICAL, AS THE AUTHOR GRAPPLES WITH RECONCILIATION IN REMOTE BC COMMUNITIES

Instructions for a Flood is a non-fiction account, in the form of personal essays and vignettes, of a life in the central interior and coastal regions of British Columbia. Inspired by her passion for exploration and a desire to reframe her understanding of the areas in which she grew up, Adrienne Fitzpatrick embarks upon a decade of reflection and personal reconciliation within her own community and the broader landscape she inhabits. Though she is accompanied by fellow travellers, workmates and guides on these journeys, Fitzpatrick is drawn to the isolation of these areas and the resilience and community this isolation necessitates. In these encounters, the stories of the people and places meld, connected to the land and to other communities by great bodies of water and remote lakes and streams. Like the water that connects and imprints upon the land, there are glints of light and beauty, as well as deep, dark places of danger to be uncovered here. *Instructions for a Flood* serves as a cartographic study of the strong pull of nature in places where the past is ever present, inscribing upon the land like a network of arteries and instilling in us a guidebook for being.

Adrienne Fitzpatrick grew up in the north and returned to complete her Masters in English at the University of Northern British Columbia; her creative thesis won the John Harris Prize for the best in Northern Fiction. Her fiction and poetry have appeared in *Prairie Fire*, *CV2*, *subTerrain*, *The New Quarterly* and *Thimbleberry*. Her art reviews have appeared in *Border Crossings*, *C magazine* and *Canadian Art*. She explores the phenomenological experience of place in her work and her first book, *The Earth Remembers Everything* is based on her experiences travelling to massacre sites in Europe, Asia, the Central Interior and Northwest Coast of BC; it was short-listed for the 2014 George Ryga Award for Social Awareness in Literature. Her latest work, *Instructions for a Flood*, is a poetic, geographic journey through history and personal history, based on her experiences of living and working with Indigenous Nations in the Central Interior and Northwest of BC.



ESSAYS / OUTDOORS

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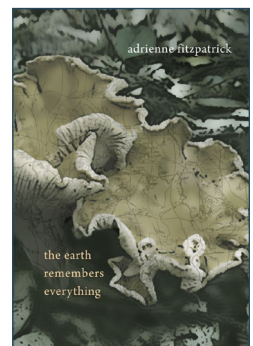
Available May 19, 2023

ALSO BY

ADRIENNE FITZPATRICK

The Earth Remembers Everything

978-1-89475-990-8



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WHERE URBAN MEETS RURAL

HOLOGRAM

HOMAGE TO P.K. PAGE

EDITED BY YVONNE BLOMER & DC REID

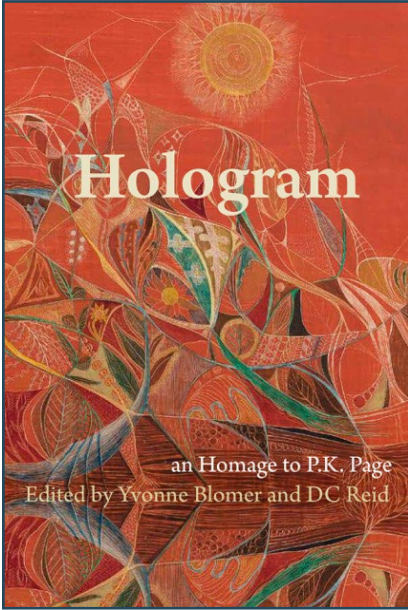
A TRIBUTE TO ONE OF CANADA'S MOST INFLUENTIAL AND CELEBRATED POETS

Our feet barely touched the earth, and memory
erased at birth, but gradually reassembling
coalesced and formed a whole, as single birds
gathering for migration form a flock.

—P.K. Page, "Presences"

In *Hologram: Homage to P.K. Page*, Canadian poets honour the legacy of the internationally-acclaimed and influential poet, P.K. Page. Page, born Patricia Kathleen, earned numerous awards and accolades in her lifetime for her work as a poet and visual artist—she received the Governor General's Award in 1954 for *The Metal and the Flower*, and the Canadian Authors Association Award in 1985 for *The Glass Air*; she was made both an Officer of the Order of Canada (1977) and a member of the Order of British Columbia (2003); in 2004, she was presented with the inaugural Lieutenant Governor's Award for Literary Excellence. Today, her impact upon the Canadian poetic landscape is recognized throughout the country, and honoured by the annual P.K. Page Founders' Award for Poetry offered by The University of Victoria with *The Malahat Review*.

Edited by **Yvonne Blomer** and **DC Reid**, and featuring pieces from renowned poets including John Barton, Marilyn Bowering, Lorna Crozier, Eve Joseph, Patrick Lane, Alice Major, kJmunro, Patricia Young, and many others, *Hologram* is testament to the mentoring that P.K. Page offered through community and conversation, as a living writer and through her poetry. As Solveig Adair writes in his brief story about P.K. Page, "I want to have a conversation with P.K. Page, but I've gradually realized that I've been having that conversation, year over year..." *Hologram* is an insightful poetic conversation that honours one of Canada's most influential poets. It promises to inspire past and future generations of writers, thinkers, and poetry-lovers.



POETRY / ANTHOLOGY

978-1-77386-113-5

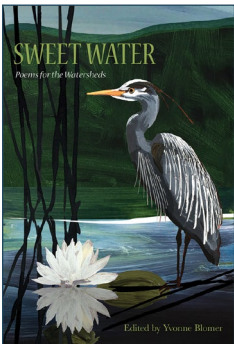
6" x 9", paperback, 192 pages

\$26.00 CAD

Available September 15, 2023

ALSO EDITED BY YVONNE BLOMER

Sweet Water: Poems for the Watersheds



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KNEE DEEP IN HIGH WATER

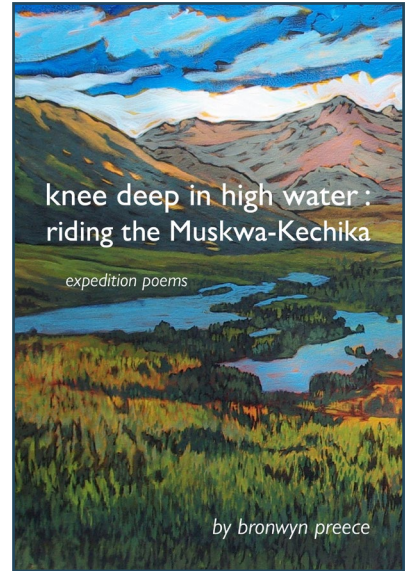
RIDING THE MUSKWA-KECHIKA, EXPEDITION POEMS

BY BRONWYN PREECE

EMBARKING ON A REMOTE, TWO-WEEK-LONG HORSE EXPEDITION THROUGH ISOLATED BACKCOUNTRY, KNEE DEEP IN HIGH WATER BEARS WITNESS TO THE HEALING PROPERTIES OF THE TRAIL

Following a devastating leg injury that would leave her with an acutely crooked knee, Bronwyn Preece embarks on an ambitious and immersive journey into a remote area of Northern BC. Written on the trail, *knee deep in high water* is a chronicle of the most physically challenging experience following her accident—a two-week-long horse expedition—and an impassioned ode to the breathtaking beauty of the backcountry. As she journeys through melting mountains and rising rivers, Preece encounters new moments of thwarted plans and questioned ethics that parallel her personal path of healing, both physical and emotional. These poems are an account of one woman's movement into a deeper understanding of self. She grapples with her role as a settler in the unceded lands that provide her with so much comfort and attachment, as well as her own fragility and strength in relation to the terrains she explores. Through struggles and celebrations, lessons and longings, *knee deep in high water* is a love letter to the trail, and to returning home.

Bronwyn Preece is honoured to have the privilege of living on the unceded Traditional Territories of the Lilwat7úl and Skwxwú7mesh Peoples in Whistler, BC. This awareness brings with it many levels of responsibility, humility, transparency and collaborative possibilities. She is a multi-disciplinary, community-engaged arts practitioner. She holds a PhD in Performance, along with a MA and BFA in Applied Theatre. She has taught, facilitated workshops, and performed internationally. Her publications range from academic chapters to children's books. She is the author of *Gulf Islands Alphabet* (2012) and *Sea to Sky Alphabet* (forthcoming 2023). All of her artistic and educational work aims towards cultivating place-based awarenesses and small acts of reconciliatory repair. Bronwyn is an avid, solo backcountry, multi-day backpacker and hiker who writes on the trail.



POETRY / OUTDOORS

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